



# Ontario

18+ SUPPORTS



## ODSP

Ontario Disability Support Program

### Income Support

Financial assistance provided each month to help with the costs of basic needs, like food, clothing and shelter.

### Employment Support

Provided by community-based service providers across Ontario. Can help you find and keep a job or advance your career.

#### Resources

- 🌐 [Ontario Disability Support Program \(ODSP\)](#)
- 🌐 [ODSP Income Support](#)
- 🌐 [ODSP Employment Support](#)

It is important to note that resources presented in this Toolkit may have shifted from what is indicated; hence, you are strongly encouraged to check with school personnel in your local jurisdiction to ensure accuracy of information.